



Victim Services of Waterloo Region

Fact Sheet on Types of Drugs pt. 2

Antidepressants

These drugs are used to treat many disorders, such as clinical depression, panic attacks, obsessive compulsive disorder, and bulimia. Designed to elevate mood. There are three types of antidepressants currently on the market: Tricyclics, SSRIs and MAOIs. While tricyclics and MAOIs were once prescribed frequently, SSRIs are prescribed more frequently as they have fewer side effects. Antidepressants do have some depressant qualities and should not be mixed with alcohol and other depressant drugs.

Tricyclics:

- Amitriptyline (Elavil)
- Desipramine (Norpamin)
- Trimipramine (Surmontil)
- Doxepin (Sinequan)
- Clomipramine (Anafranil)
- Imipramine (Tofranil)

SSRIs:

- Fluoxetine (Prozac)
- Fluvoxamine (Luvox)
- Venlafaxine (Effexor)
- Sertraline (Zoloft)

MAOIs:

- Tranylcypromine (Pamate)
- Phenelzine (Nardil)
- Moclobemide (Manerix)

Remember to consult your pharmacist before using over-the-counter, herbal or recreational drugs (e.g. alcohol) if you are taking anti-depressants or any other prescription medication.

Anabolic Steroids

These drugs are performance enhancing, and can contain either natural or synthetic testosterone (the male sex hormone). Used mainly in veterinary medicine, they have a few human treatment applications as well. Used to enhance muscle development and endurance, they can do serious damage and have therefore been banned by many sport management and regulatory groups.

- Anadrol-50
- Deca-Durabolin
- Anavar
- Primobolan
- Depo-testosterone
- Testex
- Winstrol/Winstrol V
- Dianabol
- Equipoise
- Proviron
- Delatestry
- Andriol

Resources – Education

The Centre for Addiction and Mental Health

Counselling for drug addictions and mental health issues. Education and information. Has information in many languages available online.

<http://www.camh.net/>

1-800-463-6273

Seniors and Medication Committee (SAM)

Collaborative peer-led health education and support program that works to promote wise medication use among seniors.



Victim Services of Waterloo Region

North: 45 Columbia St. E. Waterloo, ON
Central: 134 Frederick St. Kitchener, ON
South: 176 Hespeler Rd. Cambridge, ON
Email: victimservices@wrps.on.ca

Phone: 519-585-2363
Phone: 519-650-8500 ext. 4464

medication use among seniors.

(519) 883-2288

Resources – Counselling

The Ontario Drug and Alcohol Registry of Treatment

Provides a bilingual information and referral service in Ontario for those seeking assistance in accessing addiction treatment for themselves, family, friends or clients. Specialists answer these calls and offer education and guidance to those looking for addiction treatment services in Ontario, based on the situation.

<http://www.dart.on.ca/virtualtreatmentdir.htm>
1-800-565-8603

St. Mary's Counselling Centre

Provides assessment, referral, case management, and a variety of out-patient counselling services for people concerned about their use of alcohol, drugs, or gambling. Consultation to family or friends who are concerned about someone else's substance use or gambling. No charge for services.

(519) 745-2585

Regional Addiction and Family Counselling

Stress management, anger management. Specializes in addictions, children of alcoholics, alcohol, drugs and gambling.

(519) 743-6951

Resources - Detoxification

Alcohol and Drug Recovery Association

Represents recovery homes, treatment centres and daycare for addictions, public education and resource centre.

(519) 624-8855

<http://www.adrao.on.ca/>

Alcohol

Funded treatment centre for women experiencing substance abuse problems.

(519) 745-4691

Grand River Hospital Withdrawal Management

Available to people age 16 years and older. We provide 24 hour non-medical support for withdrawal from drugs or alcohol. Referrals available to other agencies.

<http://www.grandriverhospital.on.ca/patient/psychiatry/pat-psych-over.html>
(519) 749-4300 ext.2623.

Homewood Health Centre

In-patient services for 19 years and older, who suffer from chemical/behavioural addictions. Also offers an Intensive Out-Patient Program, and an out-patient 72-hour Assessment of individuals suspected of misconduct and/or concurrent psychiatric disorders in safety sensitive situations.

(519) 824-1010 <http://www.homewoodhealth.com/>

Portage

Long-term substance abuse treatment program for teens 14-18. Limited beds.

(519) 846-0945

Stonehenge

Long-term treatment facility for adults specializing in substance abuse.

(519) 837-1470

<http://www.stonehengeetc.com/>

Resources – Support Groups

Alcoholics Anonymous

(519) 742-6183

Community Link Empowered Against Narcotics

(519) 622-1810

Golden Triangle Area of Narcotics Anonymous

(519) 651-1121

Sobriety Center

(519) 3426217



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